

New Scheme of B.P.Ed
Ist Semester
Part –A Theory Course

Code	Title of Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks
PET101	History Principles and Foundation of Physical Education	4	4	30	70	100
PET102	Anatomy & Physiology	4	4	30	70	100
PET103	Health Education and Environmental; Studies	4	4	30	70	100
Elective Course (Any one)						
PET106	Olympic Movement	4	4	30	70	100
PET107	Officiating and Coaching					
Part -B Practical Course						
PEP101	Track and Field (Running events)	6	4	30	70	100
PEP102	Swimming/Gymnastic/Shooting	6	4	30	70	100
PEP103	Indigenous Sports: Kabaddi/Malkhamb/Lezium/March Past	6	4	30	70	100
PEP104	Mass Demonstration activities Kho- Kho/Dumbbells/Tipri/Wands/Hoops/Umbrella	6	4	30	70	100
Total		40	32	240	560	800

Note: - Total no. hours required to earn 4 credits for each Theory Course are 68-80 hours per semester where as 102-120 hours for each Practicum Course.

IInd Semester
Part –A Theory Course

Code	Title of Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks
PET201	Yoga Education	4	4	30	70	100
PET202	Educational Technology and Methods of Teaching in Physical Education	4	4	30	70	100
PET203	Organization & Administration	4	4	30	70	100

Elective Course (Any One)

PET204	Contemporary issues in physical education, fitness and Wellness	4	4	30	70	100
PET205	Sports Nutrition and Weight Management					

Part -B Practical Course

PEP201	Track and Field (Jumping Events)	6	4	30	70	100
PEP202	Yoga/Aerobics/Gymnastics/Swimming	6	4	30	70	100
PEP203	Racquet Sports: Badminton/Table Tennis/Squash/Tennis	6	4	30	70	100

Part-C Teaching Practices

PETP201	Teaching Practices(05 lessons in class room teaching and 05 lessons in outdoor activities)	6	4	30	70	100
Total		40	32	240	560	800

Note: - Total no. hours required to earn 4 credits for each Theory Course are 68-80 hours per semester where as 102-120 hours for each Practicum Course.

IIIrd Semester Part –A Theory Course

Code	Title of Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks
PET301	Sports Training	4	4	30	70	100
PET302	Computer Applications in Physical Education	4	4	30	70	100
PET303	Sports Psychology and Sociology	4	4	30	70	100
Elective Course (Any One)						
PET304	Sports Medicine, Physiotherapy, and Rehabilitation	4	4	30	70	100
PET305	Curriculum Design					
Part -B Practical Course						
PEP301	Track and Field (Throwing Events)	6	4	30	70	100
PEP302	Combative Sports: Martial Art/Karate/Judo/ Fencing/Boxing Taekwondo/Wrestling(any two out of these)	6	4	30	70	100
PEP303	Team Games: Baseball/Cricket/Football/Hockey/Softball/Volleyball Handball/Basketball/Netball(Any Two)	6	4	30	70	100
Part-C Teaching Practices						
PETP301	Teaching Practices(Teaching Lesson Plans for Racquet Sport/Team Games/ Indigenous Sports) (out of 10 lessons 5 internal and 5 external at practicing School)	6	4	30	70	100
Total		40	32	240	560	800

Note: - Total no. hours required to earn 4 credits for each Theory Course are 68-80 hours per semester where as 102-120 hours for each Practicum Course.

IVth Semester Part –A Theory Course

Code	Title of Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks
PET401	Measurement and Evaluation in Physical Education	4	4	30	70	100
PET402	Kinesiology and Biomechanics	4	4	30	70	100
PET403	Research and Statistics in Physical Education	4	4	30	70	100

Elective Course (Any one)

PET404	Theory of Sports and Game	4	4	30	70	100
PET405	Sports Management					

Part -B Practical Course

PEP401	Track and Field/Swimming/Gymnastics (Any One)	6	4	30	70	100
PEP402	Kabaddi /KhoKho/ Baseball/ Cricket/ Football/ Hockey/ Softball/Volleyball/Handball/Basketball/Netball/ Badminton/Table-Tennis/Squash/Tennis(any three of these)	6	4	30	70	100

Part-C Teaching Practices

PETP401	Sports Specialization: Coaching lessons plans (one of sports 5 lessons)	6	4	30	70	100
PETP402	Games Specialization: Coaching lessons plans (one for games 5 lessons)	6	4	30	70	100
Total		40	32	240	560	800
G.Total		160	128	960	2240	3200

Note: - Total no. hours required to earn 4 credits for each Theory Course are 68-80 hours per semester where as 102-120 hours for each Practicum Course.